

Community Connections
5-DAY Beginner BACKPACK, AGES 12-13
Sunday August 1st – Thursday August 5th, 2010

Trip Start: This Adventure begins at Montpelier High School at 9 a.m. on the first day of the trip. Parents/guardians are encouraged to participate during the morning group introductions (most parents stay for the first hour or two).

Trip End: This trip concludes Montpelier High School at approximately **3 p.m.** on the last day. Please be somewhat flexible with your travel plans as this time isn't always exact.

Itinerary: The participants will meet each other and their Community Connections instructors on the first morning at Montpelier High School. We will spend the morning getting to know each other, covering logistics and expectations, and thoroughly checking our personal gear and all group equipment. After lunch we will make any final equipment adjustments and head out for 5 days of backpacking in the White Mountain National Forrest of New Hampshire.

Equipment: Tents and general camping gear are provided. You should bring your own clothing, sleeping bag and eating utensils, including an unbreakable cup. We have sleeping bags and backpacks to loan if you need them, please let us know ahead of time.

Backpacking The 770,000-acre White Mountain National Forest offers some of New England's most spectacular backpacking with the largest alpine zone east of the Rocky Mountains and several protected Wilderness Areas. We will hike four to eight miles a day through the stunning Pemigewasset Wilderness exploring it's glacier caved mountain ridges and valleys. We will camp at U.S. Forest Service shelter sites, designated tenting areas, or at our own low-impact campsites in these wild and beautiful areas. You will learn how to pack your pack, camp craft, wilderness travel, Leave No Trace, leadership and have a lot of fun!!!!

Meals: The group will prepare all meals from dinner on the first day through lunch on the last day, using supplied ingredients. **A hearty bagged lunch should be brought by each student for the first day!**

Questions? Feel free to call us at 223-3456.